

# 2017-18 BEST TIMES/PSAC RESULTS

## 2017-18 Best Times

### FREESTYLE

|             |                  |                  |
|-------------|------------------|------------------|
| <b>50</b>   |                  |                  |
| 24.06       | Annie Fagan      | PSAC Meet        |
| <b>100</b>  |                  |                  |
| 52.71       | Annie Fagan      | PSAC Meet        |
| <b>200</b>  |                  |                  |
| 1:55.79     | Olivia Lukshides | PSAC Meet        |
| <b>500</b>  |                  |                  |
| 5:14.40     | Tarah Killane    | PSAC Meet        |
| <b>1000</b> |                  |                  |
| 10:44.55    | Tarah Killane    | PSAC Meet        |
| <b>1650</b> |                  |                  |
| 18:06.64    | Tarah Killane    | ESU Invitational |

### BACKSTROKE

|            |                |           |
|------------|----------------|-----------|
| <b>100</b> |                |           |
| 58.99      | Colleen Dwyer  | PSAC Meet |
| <b>200</b> |                |           |
| 2:11.79    | Allison Cardow | PSAC Meet |

### BREASTSTROKE

|            |                |           |
|------------|----------------|-----------|
| <b>100</b> |                |           |
| 1:06.66    | Kate Zimmerman | PSAC Meet |
| <b>200</b> |                |           |
| 2:26.96    | Kate Zimmerman | PSAC Meet |

### BUTTERFLY

|            |                |           |
|------------|----------------|-----------|
| <b>100</b> |                |           |
| 58.05      | Allison Cardow | PSAC Meet |
| <b>200</b> |                |           |
| 2:10.77    | Allison Cardow | PSAC Meet |

### INDIVIDUAL MEDLEY

|            |                |           |
|------------|----------------|-----------|
| <b>200</b> |                |           |
| 2:09.69    | Allison Cardow | PSAC Meet |
| <b>400</b> |                |           |
| 4:45.79    | Kate Zimmerman | PSAC Meet |

### RELAYS

|                                       |           |
|---------------------------------------|-----------|
| <b>200 Free</b> - 1:37.49             | PSAC Meet |
| Fagan, C. Dwyer, Lukshides, Hall      |           |
| <b>400 Free</b> - 3:33.67             | PSAC Meet |
| Fagan, Lukshides, C. Dwyer, Hall      |           |
| <b>800 Free</b> - 8:03.52             | PSAC Meet |
| Lukshides, Zimmerman, Cardow, Killane |           |
| <b>200 Medley</b> - 1:48.02           | PSAC Meet |
| C. Dwyer, Zimmerman, Hall, Fagan      |           |
| <b>400 Medley</b> - 3:57.17           | PSAC Meet |
| C. Dwyer, Zimmerman, Cardow, Fagan    |           |

## School Records

### FREESTYLE

|            |                         |                |             |
|------------|-------------------------|----------------|-------------|
| 50         | Annie Fagan             | 23.87          | 2017        |
| <b>100</b> | <b>Annie Fagan</b>      | <b>52.71</b>   | <b>2018</b> |
| <b>200</b> | <b>Olivia Lukshides</b> | <b>1:55.79</b> | <b>2018</b> |
| 500        | Allison Schafer         | 5:09.46        | 2014        |
| 1000       | Allison Schafer         | 10:27.96       | 2014        |
| 1650       | Allison Schafer         | 17:50.50       | 2014        |

### BACK STROKE

|           |                      |              |             |
|-----------|----------------------|--------------|-------------|
| <b>50</b> | <b>Colleen Dwyer</b> | <b>27.75</b> | <b>2017</b> |
| 100       | Ashleigh Podhayny    | 58.68        | 2015        |
| 200       | Ashleigh Podhayny    | 2:06.52      | 2015        |

### BREAST STROKE

|     |            |         |      |
|-----|------------|---------|------|
| 50  | Sami Vavra | 30.52   | 2013 |
| 100 | Sami Vavra | 1:06.09 | 2013 |
| 200 | Sophie Coy | 2:24.59 | 2013 |

### BUTTERFLY

|            |                       |                |             |
|------------|-----------------------|----------------|-------------|
| 50         | Karen Linck           | 25.82          | 1977        |
| <b>100</b> | <b>Allison Cardow</b> | <b>58.05</b>   | <b>2018</b> |
| <b>200</b> | <b>Allison Cardow</b> | <b>2:10.77</b> | <b>2018</b> |

### INDIVIDUAL MEDLEY

|     |                   |         |      |
|-----|-------------------|---------|------|
| 100 | Ashleigh Podhayny | 1:00.54 | 2016 |
| 200 | Ashleigh Podhayny | 2:08.38 | 2015 |
| 400 | Ashleigh Podhayny | 4:35.18 | 2015 |

### FREE RELAY

|            |                                                                  |                |             |
|------------|------------------------------------------------------------------|----------------|-------------|
| <b>200</b> | <b>Annie Fagan, Colleen Dwyer, Olivia Lukshides, Briana Hall</b> | <b>1:37.49</b> | <b>2018</b> |
|------------|------------------------------------------------------------------|----------------|-------------|

|            |                                                                  |                |             |
|------------|------------------------------------------------------------------|----------------|-------------|
| <b>400</b> | <b>Annie Fagan, Olivia Lukshides, Colleen Dwyer, Briana Hall</b> | <b>3:33.67</b> | <b>2018</b> |
|------------|------------------------------------------------------------------|----------------|-------------|

|     |                                                              |         |      |
|-----|--------------------------------------------------------------|---------|------|
| 800 | Allison Schafer, Danielle Davis, Cyndi Kline, Karoline Vavra | 7:52.46 | 2014 |
|-----|--------------------------------------------------------------|---------|------|

### MEDLEY RELAY

|            |                                                                |                |             |
|------------|----------------------------------------------------------------|----------------|-------------|
| <b>200</b> | <b>Colleen Dwyer, Kate Zimmerman, Briana Hall, Annie Fagan</b> | <b>1:48.02</b> | <b>2018</b> |
|------------|----------------------------------------------------------------|----------------|-------------|

|     |                                                         |         |      |
|-----|---------------------------------------------------------|---------|------|
| 400 | Sami Vavra, Sophie Coy, Kimberly Lawson, Karoline Vavra | 3:57.16 | 2013 |
|-----|---------------------------------------------------------|---------|------|

# PSAC Championship

## FREESTYLE

|      |                    |          |         |
|------|--------------------|----------|---------|
| 50   | Annie Fagan        | 24.18    | 10th    |
|      |                    | 24.28    | Prelims |
|      | Briana Hall        | 24.23    | 11th    |
|      |                    | 24.47    | Prelims |
|      | Olivia Lukshides   | 24.69    | 19th    |
| 100  |                    | 24.78    | Prelims |
|      | Colleen Dwyer      | 24.80    | 22nd    |
|      |                    | 24.83    | Prelims |
|      | Taylor Howery      | 25.69    | Prelims |
|      |                    |          |         |
| 100  | Annie Fagan        | 52.71    | 7th     |
|      |                    | 53.03    | Prelims |
|      | Olivia Lukshides   | 53.43    | 13th    |
|      |                    | 53.55    | Prelims |
|      | Briana Hall        | 53.31    | 18th    |
| 200  |                    | 53.62    | Prelims |
|      | Olivia Lukshides   | 1:56.36  | 7th     |
|      |                    | 1:55.79  | Prelims |
|      | Tarah Killane      | 2:00.41  | Prelims |
|      |                    |          |         |
| 500  | Tarah Killane      | 5:14.40  | 19th    |
|      |                    | 5:15.15  | Prelims |
|      | Olivia Lukshides   | 5:23.29  | Prelims |
|      | Samantha Christman | 5:35.63  | Prelims |
|      |                    |          |         |
| 1000 | Tarah Killane      | 10:44.55 | 16th    |
|      | Samantha Christman | 11:37.74 | ---     |
| 1650 | Tarah Killane      | 18:12.28 | 15th    |
|      | Samantha Christman | 19:21.98 | ---     |

## BACKSTROKE

|     |                |         |         |
|-----|----------------|---------|---------|
| 100 | Colleen Dwyer  | 59.36   | t-17th  |
|     |                | 59.42   | Prelims |
|     | Taylor Howery  | 1:01.65 | Prelims |
| 200 | Allison Cardow | 2:11.79 | 24th    |
|     |                | 2:12.46 | Prelims |
|     | Colleen Dwyer  | 2:13.27 | Prelims |
|     | Taylor Howery  | 2:15.90 | Prelims |

## BREASTSTROKE

|     |                |         |         |
|-----|----------------|---------|---------|
| 100 | Kate Zimmerman | 1:07.06 | 11th    |
|     |                | 1:06.66 | Prelims |
|     | Julia Harnish  | 1:10.09 | Prelims |
|     | Shirley Samson | 1:14.07 | Prelims |
| 200 | Kate Zimmerman | 2:26.96 | 19th    |
|     |                | 2:27.37 | Prelims |
|     | Julia Harnish  | 2:34.45 | Prelims |
|     | Shirley Samson | 2:44.79 | Prelims |

## BUTTERFLY

|     |                |         |         |
|-----|----------------|---------|---------|
| 100 | Allison Cardow | 58.20   | 13th    |
|     |                | 58.05   | Prelims |
|     | Briana Hall    | 58.96   | 22nd    |
|     |                | 59.16   | Prelims |
|     | Annie Fagan    | 59.19   | 24th    |
| 200 |                | 59.22   | Prelims |
|     | Allison Cardow | 2:10.77 | 14th    |
|     |                | 2:11.19 | Prelims |

## INDIVIDUAL MEDLEY

|     |                |         |         |
|-----|----------------|---------|---------|
| 200 | Allison Cardow | 2:09.69 | 12th    |
|     |                | 2:11.83 | Prelims |
|     | Kate Zimmerman | 2:11.43 | 20th    |
|     |                | 2:12.61 | Prelims |
|     | Julia Harnish  | 2:30.11 | Prelims |
| 400 | Shirley Samson | 2:35.20 | Prelims |
|     | Kate Zimmerman | 4:46.99 | 15th    |
|     |                | 4:45.79 | Prelims |
|     |                |         |         |

## RELAYS

### 200 Free

Fagan, C. Dwyer, Lukshides, Hall  
 Finals (6th) - 1:37.49

### 400 Free

Fagan, Lukshides, C. Dwyer, Hall  
 Finals (5th) - 3:33.67

### 800 Free

Lukshides, Zimmerman, Cardow, Killane  
 Finals (10th) - 8:03.52

### 200 Medley

C. Dwyer, Zimmerman, Hall, Fagan  
 Finals (7th) - 1:48.02

### 400 Medley

C. Dwyer, Zimmerman, Cardow, Fagan  
 Finals (7th) - 3:57.17